



# Outdorable®

Lasts for good

Open-ended outdoor playscapes inspired by the wonders of nature, encouraging children to explore their learning through play and stimulating active physical development.



Practitioner Notes



# Why Outdorable?

- Enhances children's physical and mental development.
- Encourages movement which influences cognitive skills, memory, attention, and thinking skills.
- Designed to reflect aspects of the natural environment.
- Modular in design for flexible learning environments. Can be adapted to meet the needs of all children with multiple configurations possible.
- Movable, adaptable, and can be relocated between play spaces.
- Additional pieces can be added over time to suit budgets and children's developmental needs.
- Sustainable and durable with a 25-year guarantee.



# Supporting physical development with the Outdorable range Birth – 2 years Baby Package (FF47416)



## What's included?

2 x Trapezoidal Platforms    1 x Incline Ramp    1 x Log Crawler    1 x Burrow Tunnel

Skill being developed	How the Outdorable range can support
<b>Crawling</b>	<ul style="list-style-type: none"><li>• The Outdorable Baby Package encourages children to crawl, shuffle, or slide in different directions and on a range of surfaces e.g. up and down the gentle incline ramp, under the burrow tunnel, or along the log crawler.</li><li>• Crawling on the different pieces of equipment strengthens multiple muscle groups, develops gross motor skills, and improves coordination.</li><li>• By crawling, children gain independence and mobility. This allows them to explore their environment and make choices about where they want to go.</li></ul>
<b>Getting Ready to Walk</b>	<ul style="list-style-type: none"><li>• Children may use the various pieces of equipment to pull or push themselves up, building important muscles in preparation for walking.</li><li>• The burrow tunnel and the log crawler with its rungs, provide children with an opportunity to practise crouching, standing, and cruising (holding onto a support and moving along it). This helps children develop the strength, balance, and stability required for taking their first steps.</li></ul>



# Supporting physical development with the Outdorable range Birth – 2 years Baby Package (FF47416)



Skill being developed	How the Outdorable range can support
<b>Walking</b>	<ul style="list-style-type: none"><li>• The trapezoidal platforms are ideal for creating different pathways for the children to move and walk along. The paths can be lengthened by lining the platforms up in a linear configuration, pushed together form a hexagonal platform, or joined at a right angle to introduce moving around corners.</li><li>• Encourage children to walk along different and uneven surfaces to improve their balance, stability, and control e.g. walking up and down the incline ramp or along the log crawler. For added challenge, why not add an obstacle or toy that the children need to move, step over, or walk around?</li><li>• Once the children gain confidence, they will begin to experiment with navigating the equipment using different directions and speeds of movement.</li></ul>
<b>Climbing</b>	<ul style="list-style-type: none"><li>• As children grow and gain greater control of their bodies, they often engage in climbing activities, enhancing their gross motor skills. The Outdorable Baby Package offers various climbing opportunities, such as ascending and descending the log crawler/ramp or climbing onto the platforms. More confident movers may even attempt to climb on or over the burrow hole.</li><li>• Climbing not only helps develop strength and coordination but encourages children to explore different methods of descending, including climbing backward or jumping.</li></ul>



# Supporting physical development with the Outdorable range Birth – 2 years Baby Package (FF47416)



Skill being developed	How the Outdorable range supports
<b>Spatial Awareness</b>	<ul style="list-style-type: none"><li>• By moving in a variety of ways such as crawling, walking, and climbing, children begin to develop spatial awareness and start to understand their position relative to the objects around them.</li><li>• The burrow tunnel and trapezoidal platforms (open and enclosed spaces) expose children to contrasting spatial experiences, enhancing their spatial awareness and positional understanding.</li></ul>
<b>Building Confidence</b>	<ul style="list-style-type: none"><li>• Different configurations offer various levels of challenge. Children can take part in activities that are appropriate for their current level of development and gradually work their way up to more complex challenges.</li><li>• The Outdorable Baby Package allows young children to gradually progress from one activity to another. For example, they may start by simply observing, pulling themselves up on the trapezoidal platforms, or crawling up the incline ramp, before eventually progressing to walking and climbing on the equipment. This gradual progress ensures that children can develop at their own pace, increasing their confidence as they achieve each milestone.</li><li>• Young children will begin to assess risks and learn what physical risks they are confident to take in a safe and controlled way.</li></ul>



## Possible configurations for the Baby Package (Birth – 2 years)

